

Dear host Family,

my name is Sofia, I am Italian, and I am 16 years old. I am a friendly, curious, determined and stubborn girl, always ready to challenge myself to achieve my goals. I love traveling, and I would travel all the time if I could, to discover new places and cultures. In my spare time I enjoy watching movies and TV series as well as reading, which gets me caught up in different stories and explore faraway worlds. I also spend a lot of time listening to music, I relax choosing the right playlist depending on my mood. Although I don't play sports, I love spending time outdoors, especially by the sea, which is one of my greatest passions. I also enjoy staying with my friends, we have a lot of fun together hanging out and sharing laughs.

I live in the northern country side, in a small town called Pinarolo Po, about 60 km from Milan. Life is quiet and peaceful here. To get to Pavia, the nearest city, I take the train, a short journey that allows me to enjoy the landscape and relax before arriving at school. I attend the scientific high school "Taramelli" in the historic center of Pavia, where I feel very comfortable. I live with my mother, who works as an employee, my father, who is an IT professional, and my older brother, who is six years older than me and attends Pavia University.

If I were to choose a host family, I would love for them to have a son or daughter around my age to spend my days with. I really love animals and at home I have a dog with whom I play a lot.

I am really excited to have the chance to live this experience in the United States, and I believe this summer is the perfect opportunity to try something new. I figure out living in America like being in a movie, since most of the stories I watch are set there. I want to discover what everyday life is like in a country so different from mine and to get to know your language and culture better.

I feel ready for new challenges and experiences that will help me improve my English, expand my horizons and build lasting memories. I am confident that this opportunity will give me a lot, and I am highly motivated to live it to the fullest.

I hope you choose me. I'm sure we will have a great time together, and that it will be an enriching experience for us all.

Kind regards,

Sofia

# SOFIA SILVIA TRESPIDI



Me now



Me with Stitch



My family



Me in Naples



Me as a child



Me now



Hi, it's me



Me with my best friend



Me in Pisa